

# Ardingly: SWIM THE LAKE

18/06/2015



## Ardingly Swim The Lake - LONG - 3000m

Rank	RaceNo	Name	Team	Time	Remarks
1	32	Laura Campbell (f-E)	Brighton Tri Club	00:45:30	
2	21	Jamie Larkin (m-H)	1066 Triathletes	00:46:45	
3	12	Matthew Hagger (m-H)	Crawley Tri Club	00:46:50	
4	8	Wes Mechen (m-G)	Bodyworks XTC	00:48:16	
5	28	Michaela Furlong (f-H)	Bodyworks XTC	00:48:31	
6	26	Megan Davies (f-G)	Brighton Multisports Club	00:50:48	
7	110	Alan Davis (m-I)		00:51:15	
8	27	Sarah Huntley (f-F)	Bodyworks XTC	00:51:18	
9	30	Wendy Pritchard (f-I)	Eastbourne Swimming Club	00:51:21	
10	24	Alistair Marshman (m-H)	BRT	00:51:56	
11	108	Dan Marshman (m-H)		00:52:05	
12	19	Steve McMenamin (m-I)	Mid Sussex Tri Club	00:52:08	
13	18	Mark Pitcairn-Knowles (m-J)		00:52:38	
14	7	Scott MacKenzie (m-E)		00:54:30	
15	23	Darren Howe (m-I)	East Grinstead Tri Club	00:54:41	
16	15	Stephen Kemsley (m-H)		00:55:58	
17	102	Tracey Barnes (f-I)	The Chequers Otters	00:56:20	
18	20	Simon Poppitt-Jones (m-G)		01:00:04	
19	14	David Ricketts (m-K)	Mid Sussex Tri Club	01:00:06	
20	29	Julie Honess (f-G)		01:01:12	
21	10	Richard Shinn (m-H)		01:01:30	
22	16	Marc Bunce (m-G)		01:01:47	
23	31	Laura Ansell (f-F)	Tunbridge Wells Tri Club	01:02:05	
24	2	Ian Rhodes (m-G)		01:02:37	
25	1	Matthew Gibson (m-H)		01:02:51	
26	106	Richard Traynor (m-J)	East Grinstead Tri Club	01:03:36	
27	95	Bill Boniface (m-J)		01:03:43	
28	13	John Lardner (m-J)	Mid Sussex Tri Club	01:07:41	
29	98	Tom Kelly (m-I)		01:09:14	
30	25	Martin Claisse (m-J)	Mid Sussex Tri Club	01:13:29	
31	22	Nicholas Jameson-Allen (m-H)		01:16:35	
32	109	Jean Fish (f-K)	Mid Sussex Tri Club	01:21:09	
33	9	Peter Barnes (m-K)	Brighton Multisports Club	01:27:32	

## Ardingly Swim The Lake - MEDIUM - 1500m

1	104	Nick Isaacson (m-E)		00:22:19	
2	49	Tim Coogan (m-E)	East Grinstead Tri Club	00:22:20	
3	40	Jez Garratt (m-J)	Tuff Fitty Tri Club	00:23:05	
4	41	James Price (m-B)	Reservoir Lads	00:23:13	
5	58	Izzy Wignall (f-B)	Ocean Lake Tri Club	00:25:07	
6	35	Michael Hartland (m-E)	Team T.H.E	00:25:18	
7	65	Clare Aquilina (f-K)	Brighton Multisports Club	00:26:27	
8	63	Alice Brooke (f-E)		00:26:28	
9	61	Liz McLennan (f-G)	East Grinstead Tri Club	00:26:29	

10	17	Dan McCarthy (m-G)	Brighton Swimming Club	00:27:17	
11	55	Marianne Johnson (f-H)	Outdoor Swimming Society	00:28:02	
12	60	Catherine Harker (f-G)		00:28:12	
13	44	Russell Farley (m-F)		00:28:24	
14	72	Florence Ertl (f-B)	Ardingly College	00:29:18	
15	33	Jason Brown (m-H)		00:29:21	
16	45	Nic Blomfield (m-F)		00:29:27	
17	107	Kathryn Parkin (f-F)		00:29:54	
18	113	Janina Jedamzik (f-F)	Hurst Tri Team	00:29:58	
19	59	Nicola Wignall (f-J)	Ocean Lake Tri Club	00:30:02	
20	68	Becky Manos (f-H)	Bodyworks XTC	00:30:06	
21	57	Charlotte Craig (f-J)	Dorking & Mole Valley AC	00:30:10	
22	54	Paul Westwood (m-G)	Brighton Adventure Bugs	00:30:15	
23	100	David Mycock (m-G)	East Grinstead Tri Club	00:30:20	
24	52	John Extence (m-K)		00:30:23	
25	47	Simon Button (m-K)		00:30:29	
26	71	Jane O'Leary (f-I)	Mid Sussex Tri Club	00:30:50	
27	62	Karen Pattison (f-I)		00:31:26	
28	56	Jody Blunt (f-G)	Crawley Tri Club	00:31:28	
29	39	Mike Alexander (m-I)		00:31:43	
30	53	Dale West (m-H)	Mid Sussex Tri Club	00:32:27	
31	11	Brian Tilley (m-H)	Crawley Tri Club	00:32:30	
32	97	Dominique Weller (f-I)		00:32:43	
33	101	Marco Lo (m-B)		00:32:55	
34	36	Lee Dunstall (m-G)		00:33:11	
35	115	Toby Quantrill (m-I)		00:33:15	
36	48	Rod Bowers (m-J)		00:33:25	
37	42	Paul Wishart (m-I)	Brighton Phoenix Tri Club	00:33:29	
38	114	Dennis Cuijanovic (m-A)		00:33:44	
39	94	Brian Coventry (m-J)	Tri-Surrey	00:34:03	
40	37	Paul Kaynes (m-I)		00:34:24	
41	38	Peter Shawyer (m-H)		00:34:51	
42	50	Doug Irvine (m-H)		00:34:57	
43	51	Stephen Osborne (m-H)		00:35:00	
44	73	Clare Parkholm (f-H)	Team THB	00:35:27	
45	111	Julie Williams (f-J)	Mid Sussex Tri Club	00:35:44	
46	112	Brad Williams (m-K)	Mid Sussex Tri Club	00:36:13	
47	66	Bridget Davies (f-I)	Horsham Tri Club	00:36:33	
48	69	Steph White (f-J)	Horsham Tri Club	00:38:44	
49	46	Mark Jenkinson (m-F)		00:39:01	
50	67	Helene Euston-Mellor (f-I)	Horsham Tri Club	00:41:54	MissedBuoy: +60s
51	70	Julia Hardy (f-I)		00:42:51	
52	116	Matthew Masham (m-I)		00:46:29	
Ardingly Swim The Lake - SHORT - 750m					
1	74	David Robinson (m-H)	Sussex Osteopathy	00:10:28	
2	76	Simon Hart (m-H)		00:10:33	
3	105	Oliver Anson (m-3)	PH Fitness	00:11:06	
4	118	Joseph Martin (m-3)	Preston Park Youth Cycling Club	00:12:19	

5	84	Sally Baldwin (f-G)	Brighton Multisports Club	00:13:02
6	117	Stewart Martin (m-I)		00:13:04
7	85	Polly Pitcairn-Knowles (f-B)	VO2 Maximum Racing Team	00:13:19
8	78	Matt Walter (m-G)		00:14:31
9	79	Nicky Wilson (m-F)	Swim 1st Triathlon Club	00:14:33
10	82	Matthew Sargent (m-G)		00:14:39
11	103	Grant Mansfield (m-F)	Swim 1st Triathlon Club	00:15:24
12	77	Paul Spensley (m-H)		00:15:45
13	87	Catherine Kitchener (f-L)		00:16:06
14	64	Eleanor Gloster (f-G)		00:16:40
15	91	Leonnie Harrison (f-H)	Horsham Tri Club	00:16:51
16	81	Keith Rouse (m-L)		00:17:33
17	88	Tamsin Clarke (f-H)		00:18:31
18	86	Lorna Cotter (f-I)	BRT	00:18:35
19	99	Valerie Barnes (f-K)	Brighton Multisports Club	00:18:58
20	80	Paul Hammond (m-J)		00:19:19
21	83	Simon Head (m-I)		00:19:35
22	90	Deborah McIntyre (f-G)		00:19:40
23	93	Clair Hunt (f-H)	Swim 1st Triathlon Club	00:19:46
24	96	Jo Osborn (f-G)		00:23:41
25	75	Paul Clarke (m-H)		00:27:12