

HedgeHogTri/Multisport-Management:

## The Crowborough Adult Triathlons/Duathlons -

Sunday 14 July 2016

20160717-09:36:59 - issue v0



Rc	Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Reqs
		Crowborough - Tough Crow Triathlon - SPRINT							
	1	70	Gareth Robb (m-H)	Paddock Wood AC	00:06:23	00:42:46	00:18:18	01:07:27	
	2	54	Michael Thomson (m-I)	Tunbridge Wells Tri Club	00:08:21	00:40:24	00:19:10	01:07:55	
	3	59	Roger Moore (m-J)	Freedom Tri (Crowborough)	00:07:41	00:39:59	00:20:36	01:08:16	
	4	65	Russell Farley (m-F)		00:06:48	00:40:45	00:21:31	01:09:04	
	5	51	Stephen R Hoare (m-I)	Active Life Tri Club	00:08:05	00:40:50	00:20:54	01:09:49	
	6	53	Matt Smith (m-H)		00:08:13	00:42:20	00:20:07	01:10:40	
	7	69	Alec Dyer (m-H)	Thames Turbo	00:06:02	00:42:36	00:23:12	01:11:50	
	8	64	Chris Heywood (m-G)	Mid Sussex Tri Club	00:07:14	00:44:18	00:21:57	01:13:29	
	9	68	Nicola Redstone (f-E)	VO2 Maximum Racing Team	00:06:31	00:46:28	00:21:25	01:14:24	
	10	90	Sean Kelly (m-J)		00:07:30	00:44:33	00:22:41	01:14:44	
	11	62	Richard Bushell (m-J)	VO2 Maximum Racing Team	00:07:32	00:46:04	00:21:25	01:15:01	
	12	67	Simon Howden (m-I)	Tunbridge Wells Tri Club	00:06:35	00:49:20	00:19:43	01:15:38	
	13	60	Noel Murphy (m-L)	Crystal Palace Triathletes	00:07:32	00:45:05	00:23:14	01:15:51	
	14	28	Anthony Carew (m-J)	Carew Osteopathic Clinic	00:07:40	00:46:10	00:22:37	01:16:27	
	15	58	Georgina Messenger (f-E)		00:07:40	00:49:18	00:20:42	01:17:40	
	16	63	Martin Quinlan (m-K)	Kingfisher Triathletes	00:07:32	00:45:51	00:24:50	01:18:13	
	17	49	Bertie Horne (m-D)		00:08:44	00:48:12	00:21:24	01:18:20	
	18	45	Rory Baptiste (m-E)		00:08:48	00:46:36	00:23:34	01:18:58	
	19	56	Anna Costain (f-G)	Tunbridge Wells Tri Club	00:08:16	00:47:28	00:23:51	01:19:35	
	20	48	Neil Witz (m-I)	Tunbridge Wells Tri Club	00:09:59	00:48:19	00:22:48	01:21:06	
	21	36	Bobby Searle (f-E)	Brighton Phoenix Tri Club	00:10:52	00:51:49	00:20:23	01:23:04	
	22	89	Neil Smith (m-I)	Tri Tempo (Eastbourne)	00:06:09	00:53:18	00:24:03	01:23:30	
	23	46	John Hubbard (m-K)		00:09:23	00:50:49	00:23:30	01:23:42	
	24	35	Andy Packham (m-J)		00:10:10	00:48:14	00:25:54	01:24:18	
	25	30	Stephen Austin (m-K)	Tunbridge Wells Tri Club	00:12:15	00:50:24	00:21:42	01:24:21	

26	57 Caitlyn Stone (f-B)		00:07:52	00:54:15	00:22:49	01:24:56	
27	44 Peter Taylor (m-K)	Tunbridge Wells Tri Club	00:09:45	00:50:47	00:26:01	01:26:33	
28	17 Andrew Whelan (m-F)		00:11:43	00:55:21	00:19:51	01:26:55	
29	20 David Offen (m-K)		00:09:42	00:53:36	00:23:54	01:27:12	
30	55 Mark Dunnett (m-I)	Freedom Tri (Crowborough)	00:08:22	00:50:20	00:28:31	01:27:13	
31	32 Carol Tsang (f-H)	Tunbridge Wells Tri Club	00:10:04	00:52:14	00:25:45	01:28:03	
32	40 Lisa Walsh (f-I)		00:09:32	00:52:05	00:26:41	01:28:18	
33	66 Caitlin Lefevre (f-A)		00:06:43	01:01:14	00:21:25	01:29:22	
34	47 Max Percy (m-A)		00:08:51	00:52:37	00:28:38	01:30:06	
35	19 Rick Adams (m-J)	RJA Tristar	00:11:03	00:53:56	00:25:24	01:30:23	
36	38 Nicole Proudfoot (f-F)	Inspired by Zahra	00:09:32	00:56:58	00:25:04	01:31:34	
37	34 Klara Boarder (f-G)	Mid Sussex Tri Club	00:10:46	00:54:21	00:26:28	01:31:35	
38	21 Tudor Ellis (m-H)		00:13:44	00:49:20	00:28:45	01:31:49	
39	37 Georgia Flowers (f-F)	Brighton Phoenix Tri Club	00:10:53	00:59:29	00:23:55	01:34:17	
40	39 Amanda Bahadur (f-G)	Inspired by Zahra	00:09:59	00:58:27	00:27:41	01:36:07	
41	22 Gary Withers (m-J)		00:15:18	00:54:52	00:26:26	01:36:36	
42	25 Paul Hollis (m-H)		00:11:55	00:55:24	00:30:07	01:37:26	
43	43 Darren O'Brien (m-H)		00:10:08	01:02:15	00:25:10	01:37:33	
44	61 Daniel Hume (m-E)		00:09:00	01:03:24	00:28:28	01:40:52	
45	52 James Gibbs (m-E)	Tunbridge Wells Tri Club	00:07:25	01:09:44	00:25:07	01:42:16	
46	15 Mirella Genziani (f-H)	Stragglers RC	00:12:08	01:02:47	00:30:01	01:44:56	
47	23 Richard Van Megen (m-E)		00:08:36	01:08:08	00:30:55	01:47:39	
48	33 Diane Hammond (f-J)	Rebel Tri	00:11:34	01:09:51	00:34:27	01:55:52	
--	18 Simon Barrett (m-G)		00:14:35	00:58:45	00:25:37	01:38:57	DQ_HighwayCode

Crowborough - Stubby Tough Crow Triathlon - Super Sprint

Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Rems
1	5	Nick Smith (m-G)	Lewes Wanderers CC	00:04:27	00:35:11	00:10:14	00:49:52	
2	2	Jake Nixon (m-A)	Tri Tempo (Eastbourne)	00:03:29	00:39:13	00:09:25	00:52:07	
3	6	John Lewis (m-J)		00:05:02	00:40:22	00:10:52	00:56:16	
4	4	Ian Weston (m-J)		00:04:17	00:41:37	00:10:28	00:56:22	
5	7	William Dando (m-K)	The Survivors CC	00:05:01	00:41:38	00:14:27	01:01:06	
6	1	Jeremy Lowe (m-J)	Polegate Plodders	00:04:23	00:43:23	00:13:50	01:01:36	

7	8 Patrick Highland (m-H)		00:06:27	00:44:02	00:11:58	01:02:27
8	3 Ady Hall (m-I)	The Survivors CC	00:06:42	00:43:56	00:12:58	01:03:36
9	9 Kerry Lum (f-I)		00:04:34	00:53:58	00:15:15	01:13:47
10	10 Charity Tree (f-D)	GV-XPRESS	00:05:22	01:11:02	00:20:07	01:36:31
11	12 Louise Taw (f-G)	GV-XPRESS	00:05:29	01:23:57	00:16:51	01:46:17
12	11 Audrey Hart (f-G)	GV-XPRESS	00:07:03	01:38:06	00:23:41	02:08:50

#### Crowborough - Tough Crow Duathlon

Rank	RaceNo	Name	Team	Run1	Bike	Run2	FINISH	Rems
1	86	Andy Massingale (m-G)	Henfield Joggers	00:17:55	00:41:55	00:09:10	01:09:00	
2	85	Darren Ford (m-I)		00:18:39	00:41:32	00:10:19	01:10:30	
3	83	Tom Brown (m-G)	Henfield Joggers	00:18:17	00:44:29	00:09:44	01:12:30	
4	88	Nigel Herron (m-J)	Brighton Phoenix Tri Club	00:19:01	00:45:18	00:09:49	01:14:08	
5	87	Ben Brown (m-G)	Henfield Joggers	00:20:14	00:44:42	00:10:22	01:15:18	
6	82	Fabian Kaelin (m-G)	Henfield Joggers	00:21:42	00:46:38	00:11:39	01:19:59	
7	79	Philip Coomber (m-K)	Eastbourne Rovers AC	00:21:45	00:49:11	00:11:28	01:22:24	
8	80	Jon Robinson (m-F)		00:24:06	00:49:01	00:12:39	01:25:46	
9	84	Ross Parmenter (m-E)	Henfield Joggers	00:22:11	00:53:09	00:12:38	01:27:58	
10	81	Dan Turner (m-F)		00:25:56	00:50:58	00:13:23	01:30:17	
11	75	Samantha Daniel (f-H)	Rugby Tri Club	00:25:10	00:52:45	00:13:12	01:31:07	
12	76	Colin Green (m-H)		00:25:12	00:56:15	00:13:11	01:34:38	
13	74	Jill Webster (f-G)		00:29:26	00:56:05	00:12:32	01:38:03	
14	73	Jane Price (f-G)		00:29:41	01:02:04	00:17:53	01:49:38	
15	71	Debbie Green (f-I)		00:32:14	01:07:22	00:17:24	01:57:00	

#### Crowborough - Tough Crow Triathlon - SPRINT (RELAY)

Rank	RaceNo	Lead Name	Team	Swim	Bike	Run	FINISH	Rems
1	14	Paul Dean (m-H)	Mamas and Papas	00:09:19	00:54:24	00:28:00	01:31:43	
2	13	Rebecca Langley (f-G)		00:10:08	01:23:45	00:29:23	02:03:16	