

Ardingly STL Long-3km

Race Format: os3000m (4 laps)

Female Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	3	Tracy Marsh	52		00:44:15	1.13		GC: I=1/3
2	5	Tay Blair	41	Croydon Amphibians SC	00:46:45	1.07	5.65	GC: D=1/1-TR: 1/2
3	7	Orrin Blair	53	Croydon Amphibians SC	00:48:27	1.03	9.49	GC: C=1/1-TR: 2/2
4	8	Lorna White	150	Tri-Tempo (Eastbourne)	00:48:39	1.03	9.94	GC: H=1/2-TR: 1/1
5	12	Jessica McNaught-Davis	49		00:53:49	0.93	21.62	GC: G=1/1
6	13	Shemane Murtagh	50		00:54:49	0.91	23.89	GC: H=2/2
7	15	Christine Brooks	42	Eastbourne Sea Swimmers	00:55:26	0.90	25.27	GC: N=1/1-TR: 1/1
8	18	Rosie Hunt	54		00:56:16	0.89	27.16	GC: F=1/1
9	22	Kate Dent	44		00:57:25	0.87	29.75	GC: K=1/2
10	23	Isis Solato	148	Tuff Fitty Tri Club	00:58:14	0.86	31.60	GC: E=1/1-TR: 1/1
11	24	Suzy Standen-Payne	48		00:58:18	0.86	31.75	GC: I=2/3
12	27	Sheron Boddy	47		00:59:56	0.83	35.45	GC: K=2/2
13	28	Susanne Griffiths	43		01:01:11	0.82	38.27	GC: M=1/1
14	30	Sue Leppard	51		01:04:11	0.78	45.05	GC: L=1/1
15	32	Jo Dowle	46		01:07:38	0.74	52.84	GC: I=3/3

Open Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	1	Alex Berwick	80	Hastings Seagulls SC	00:40:59	1.22		GC: G=1/2-TR: 1/1
2	2	Bernie Spannagl	76		00:41:51	1.19	2.11	GC: E=1/1
3	4	Gordon Beaney	57		00:45:53	1.09	11.96	GC: H=1/1
4	6	Daniel Mitchison	65		00:46:50	1.07	14.27	GC: J=1/3
5	9	Matt Botterman	78		00:49:25	1.01	20.58	GC: G=2/2
6	10	Rob Farrell	73		00:50:04	1.00	22.16	GC: L=1/5
7	11	Kevin Bradfield	79		00:51:03	0.98	24.56	GC: M=1/3
8	14	Miles Penfold	147	Horsham Amphibians Tri Cl	00:55:08	0.91	34.54	GC: K=1/4-TR: 1/1
9	15	Graeme Blair	55		00:55:26	0.90	35.26	GC: K=2/4
10	17	Ivan Horsfall-Turner	72		00:55:48	0.90	36.15	GC: K=3/4
11	19	Tim Bergin	71	Mid Sussex Tri Club	00:56:28	0.89	37.78	GC: L=2/5-TR: 1/2
12	20	Matthew Fry	75		00:56:31	0.88	37.89	GC: I=1/1
13	21	Steve McMenamin	68		00:57:11	0.87	39.53	GC: K=4/4
14	25	Bradley Barnett	62		00:58:26	0.86	42.57	GC: F=1/1
15	26	Ben Woodhouse	59		00:59:02	0.85	44.05	GC: J=2/3
16	29	Rufus Jordan	56		01:02:11	0.80	51.72	GC: J=3/3
17	31	Peter Jones	66		01:06:03	0.76	61.16	GC: L=3/5
18	33	Kevin Battell	74	Crowborough Tri Club	01:16:25	0.65	86.46	GC: L=4/5-TR: 1/1
19	34	Neil Manaley	60		01:16:55	0.65	87.69	GC: M=2/3
20	35	Dean Allen	67	Mid Sussex Tri Club	01:20:55	0.62	97.43	GC: L=5/5-TR: 2/2
21	36	Nicholas Small	58		01:24:59	0.59	107.34	GC: M=3/3
		<i>Tim McCarthy-Godwin</i>	<i>61</i>					<i>Swim-DNF</i>
		<i>Guillaume Blacher</i>	<i>70</i>					<i>Swim-DNF</i>

*Rems:' GC' = Gender (age) Category - RANK; 'TR' = RANK within Team inclusively

Swim the Lake Festival B

Event Date: 2024-07-17

Ardingly STL Medium-1.5km

Race Format: os1500m (2 laps)

Female Result Category

Rankings		Name	BIB	Duration	Rate m/s	PostLag % Gndr	*Rems	
Gndr	Open							
1	1	Johanna Spannagl	110	00:21:41	1.15		GC: F=1/1	
2	4	Diane Melrose	101	Brighton Dolphins SC	00:25:27	0.98	17.37	GC: L=1/4-TR: 1/2
3	6	Marianne Johnson	85		00:26:00	0.96	19.90	GC: J=1/13
4	10	Jenny Ellis	81		00:27:18	0.92	25.90	GC: J=2/13
5	13	Claire Guy	91		00:28:50	0.87	32.98	GC: I=1/4
6	14	Heather Stevens	156	Crowborough Tri Club	00:28:53	0.87	33.21	GC: H=1/2-TR: 1/2
7	15	Samantha Marshall	105		00:28:56	0.86	33.44	GC: K=1/2
8	17	Lucinda Potten	103		00:29:19	0.85	35.21	GC: I=2/4
9	18	Julie Gallagher	111		00:29:22	0.85	35.43	GC: L=2/4
10	21	Rachael Hunter Dunn	94		00:29:45	0.84	37.19	GC: I=3/4
11	23	Nicola Catterall	96		00:30:19	0.82	39.82	GC: J=3/13
12	25	Rosie Harris	154	Crowborough Tri Club	00:30:42	0.81	41.58	GC: J=4/13-TR: 2/2
13	26	Josie Hough	97		00:30:44	0.81	41.74	GC: G=1/3
14	27	Suzy Faulkes	112		00:30:54	0.81	42.51	GC: I=4/4
15	30	Jenny Oliver	152	Tuff Fitty Tri Club	00:33:25	0.75	54.11	GC: L=3/4-TR: 1/1
16	31	Amy Message	88		00:33:50	0.74	56.03	GC: G=2/3
17	32	Rhian Snook	99		00:33:53	0.74	56.27	GC: J=5/13
18	33	Theodora Stewart	100		00:33:55	0.74	56.42	GC: J=6/13
19	34	Lisa Moore	102		00:33:58	0.74	56.64	GC: J=7/13
20	37	Elizabeth Baines	86		00:35:02	0.71	61.58	GC: J=8/13
21	38	Kate Short	87		00:35:08	0.71	62.02	GC: G=3/3
22	40	Elizabeth Griffin	106		00:35:41	0.70	64.55	GC: K=2/2
23	41	Wendy Howell	93		00:35:49	0.70	65.18	GC: J=9/13
24	42	Tammy Woodhouse	84		00:35:58	0.70	65.86	GC: J=10/13
25	43	Alison O'Neill	107	Horsham Amphibians Tri Cl	00:36:11	0.69	66.86	GC: M=1/2-TR: 1/1
26	45	Jo Smith	155		00:41:12	0.61	90.01	GC: J=11/13
27	46	Susi Owusu	82		00:41:43	0.60	92.38	GC: J=12/13
28	47	Annie Sidgwick	138		00:41:56	0.60	93.39	GC: N=1/1
29	48	Jane Chadwick	104		00:42:23	0.59	95.47	GC: M=2/2
30	49	Ginette Read	92		00:45:17	0.55	108.86	GC: J=13/13
31	50	Christine Griffin	113		00:45:51	0.55	111.46	GC: L=4/4
32	51	Gemma Blewett	89		00:46:13	0.54	113.13	GC: H=2/2
		<i>Louise Morrice</i>	<i>108</i>		<i>00:19:58</i>			<i>Swm-DNF 1/2 lps</i>
		<i>Amy Newell-Smith</i>	<i>109</i>		<i>00:20:01</i>			<i>Swm-DNF 1/2 lps</i>

Open Category

Rankings		Name	BIB	Duration	Rate m/s	PostLag % Gndr	*Rems	
Gndr	Open							
1	2	Wes Mechen	132	00:23:22	1.07		GC: I=1/2	
2	3	Scott MacKenzie	127	South London Harriers TC	00:23:27	1.07	0.36	GC: G=1/2-TR: 1/1
3	5	Simon Lockwood	122		00:25:54	0.97	10.84	GC: G=2/2
4	7	Ian Whitmore	125		00:26:02	0.96	11.41	GC: K=1/3

Swim the Lake Festival B

Event Date: 2024-07-17

5	8	Pete Woodward	121		00:26:31	0.94	13.48	GC: H=1/5
6	9	Paul Lelliott	126		00:27:17	0.92	16.77	GC: K=2/3
7	11	Ray Powell	117		00:27:40	0.90	18.40	GC: M=1/2
8	12	Guy Whitby	123		00:28:45	0.87	23.03	GC: H=2/5
9	16	Ben Abbott	128		00:29:09	0.86	24.75	GC: H=3/5
10	19	Paul Grimwood	119	Brighton Dolphins SC	00:29:41	0.84	27.03	GC: M=2/2-TR: 2/2
11	20	Matthew Sargent	129	East Grinstead Tri Club	00:29:44	0.84	27.24	GC: I=2/2-TR: 1/1
12	22	Neil Kempshall	116		00:29:49	0.84	27.60	GC: L=1/4
13	24	Matt Walter	133		00:30:27	0.82	30.31	GC: H=4/5
14	28	George Message	130		00:31:30	0.79	34.81	GC: F=1/1
15	29	Jon Baldwin	115		00:32:22	0.77	38.52	GC: H=5/5
16	35	Paul Johnson	135		00:34:55	0.72	49.43	GC: J=1/1
17	36	Nick Beeston	149	Tri-Tempo (Eastbourne)	00:34:58	0.71	49.63	GC: L=2/4-TR: 1/1
18	39	Tim Canham	153		00:35:16	0.71	50.92	GC: L=3/4
19	44	John Marson	120		00:41:03	0.61	75.69	GC: L=4/4
20	52	Russ Bryan	131		00:50:40	0.49	116.83	GC: K=3/3

*Rems:' GC' = Gender (age) Category - RANK; 'TR' = RANK within Team inclusively

Ardingly STL Short-750m

Race Format: os750m (1 lap)

Female Result Category

Rankings		Name	BIB	Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open						
1	1	Cassie Cava	142	00:13:23	0.93		GC: F=1/1
2	2	Pippi Murr	141	00:13:55	0.90	3.98	GC: J=1/4
3	3	Katarina Watson	143	00:16:22	0.76	22.29	GC: I=1/3
4	4	Abbey Filsell	151	00:17:52	0.70	33.49	GC: I=2/3
5	5	Charlotte Wilson	157	00:19:01	0.66	42.09	GC: J=2/4
6	6	Clair Viney	140	00:19:57	0.63	49.08	GC: K=1/2
7	7	Tracey Payne	145	00:20:37	0.61	54.04	GC: J=3/4
8	8	Sharon Wheeler	139	00:21:54	0.57	63.64	GC: L=1/2
9	9	Valerie Barnes	144	00:21:57	0.57	64.02	GC: M=1/2
10	10	Jane Gosden	137	00:22:05	0.57	65.02	GC: K=2/2
11	11	Victoria David	136	00:22:11	0.56	65.76	GC: J=4/4
12	12	Janice Guthrie	146	00:23:27	0.53	75.22	GC: L=2/2
13	13	Carole Dowsing	158	00:25:31	0.49	90.66	GC: M=2/2
14	14	Josie Birch	10	00:27:12	0.46	103.25	GC: I=3/3

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